

1522-2022
More than 500 years of history



The Ignatian Way

THE IGNATIAN WAY

From Loyola (Azpeitia)
to Manresa





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Saint Ignatius of Loyola

Pilgrim passport

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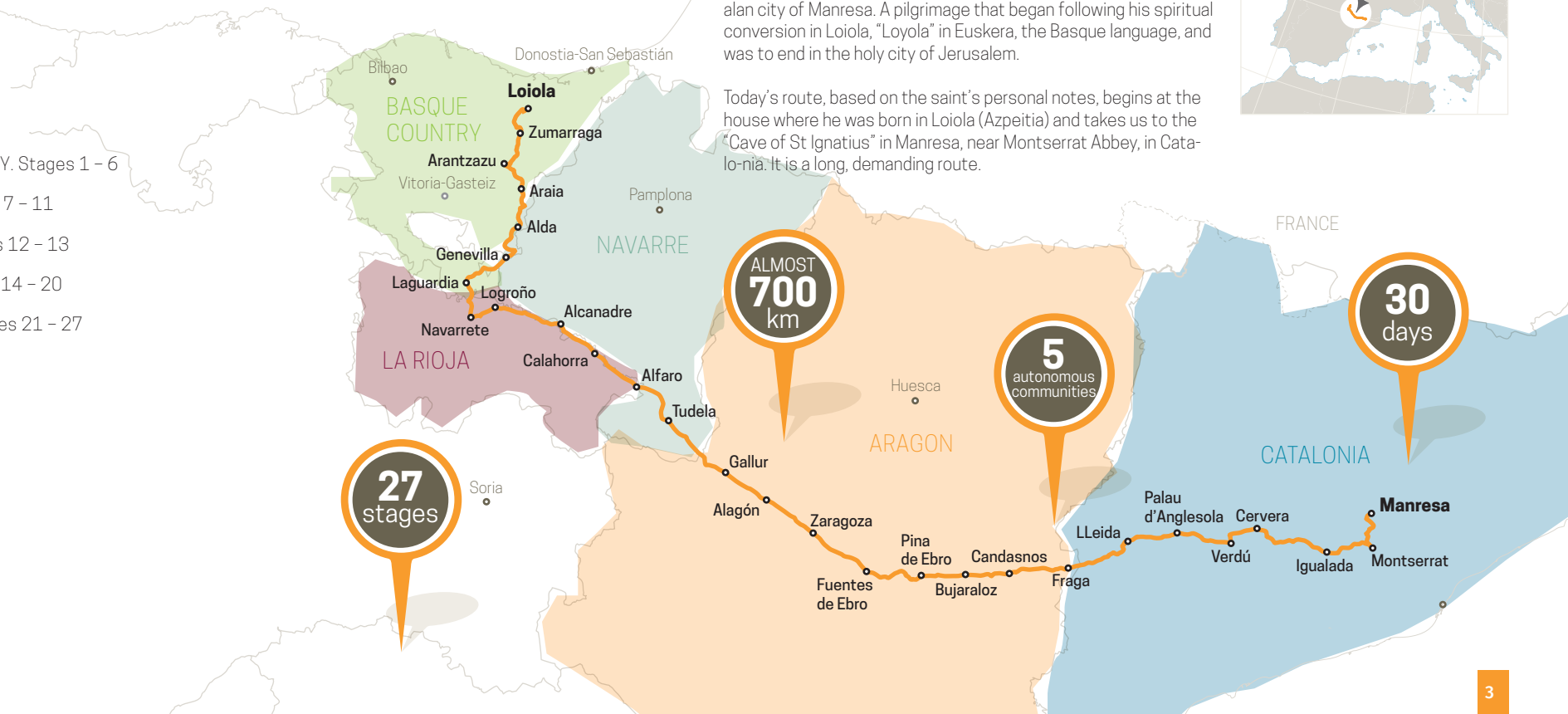
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Recommendations

THE Ignatian Way

The Ignatian Way retraces the route taken by Ignatius of Loyola, as a knight, in 1522 from his birthplace, Azpeitia in Gipuzkoa, to the Catalan city of Manresa. A pilgrimage that began following his spiritual conversion in Loiola, "Loyola" in Euskera, the Basque language, and was to end in the holy city of Jerusalem.

Today's route, based on the saint's personal notes, begins at the house where he was born in Loiola (Azpeitia) and takes us to the "Cave of St Ignatius" in Manresa, near Montserrat Abbey, in Catalonia. It is a long, demanding route.





Iñigo de Loyola

Iñigo de Loyola (Saint Ignatius), founder of the Society of Jesus (Jesuits), which is currently present all over the world, was born in 1491 in Loiola (Azpeitia-Gipuzkoa) and became a knight in the service of the Catholic Monarchs and of Charles I of Spain and V, Holy Roman Emperor.

His leg was fractured in the course of a battle and Iñigo underwent a number of painful surgeries. During his convalescence he read about the lives of Christ and the saints, as there were no tales of chivalry available. He found such reading comforting and it influenced him greatly. He subsequently underwent a conversion and decided to go on a pilgrimage to Jerusalem.

He set out and ended up in Montserrat and Manresa, where he stayed for almost a year and from there he set out once again for Rome and, finally, Jerusalem. Unable to stay there, he decided to return to Spain and study in order to be able to preach the Gospel.

He began to study Latin in Barcelona, then in Alcalà, Salamanca and, finally, Paris, where he earned a Master of Arts from the Sorbonne, which qualified him to teach Philosophy and Theology. His Paris companions, including his two room-mates, joined him in taking vows of poverty, chastity and obedience and to live in the service of Christ. So began a spiritual experience which would lead them to become ordained as priests and later form the Society of Jesus.

Ignatius of Loyola, as he is known in English, founded educational institutions, houses for Jewish and Muslim catechumens, a shelter for fallen women, and organised collections for the poor and for prisoners. Ignatius died in 1556 and was canonised by Pope Gregory XV in 1622, along with Francis Xavier and Teresa of Avila. His remains lie in Rome's Church of the Gesù.





Get your pilgrim passport (credencial) from any of the institutions associated with the Ignatian Way:

- Loiolako Santutegia (Basque Country).
- Parroquia de San Ignacio (Logroño).
- Parroquia de Lourdes (Tudela).
- Centro Pignatelli (Zaragoza).
- Parròquia de Sant Ignasi (Lleida).
- Cúria dels jesuïtes (Barcelona).
- Centre d'Acollida de Peregrins del Camí Ignasià (Manresa).

Here, you can also obtain Camino Ignaciano and Ignaciana certificates.

For more information, visit:
www.caminoignaciano.org

inaziotarBidea
caminoinaciano
camignasià
Credencial expedida por (sello):

Presenta a:
(Nombre) _____
(Apellidos) _____
DNI / Pasaporte nº _____
Nacido en _____ el ____ / ____ / 20____
Y de nacionalidad _____
Que inició su peregrinación el ____ / ____ / 20____ en la
ciudad/población _____
en dirección a La Cova de San Ignacio, en Manresa.
Ha realizado su peregrinación
a pie ☐ en bicicleta ☐ otro medio ☐
Y ha recibido, en el día de hoy, la presente Credencial de Peregrino, en la que se ruenga se estampe el sello de la localidad que corresponda, para acreditar su paso. Que San Ignacio de Loyola proteja a los peregrinos en su Camino y les ayude en su búsqueda personal, para Mayor Gloria y Servicio de Nuestro Señor Jesucristo.

Your pilgrim passport (€0.50) ensures a warm welcome at hostels and town halls and acts as proof that you are a genuine pilgrim. Be sure to have it stamped at least once a day in any establishment or institution in the towns you pass through.

Get your passport well before you start your pilgrimage.





> Loiola Shrine, Azpeitia



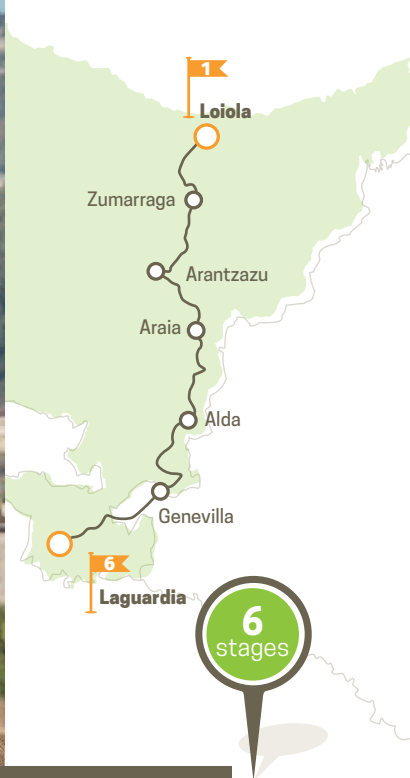
The Way in the Basque Country

The route starts in the Basque Country and goes through the provinces of Guipuzkoa and Álava. It consists of six stages and covers 126 km signposted with GR 120 waymarks, which provide a unique experience. This stage runs over the steepest terrain we will find on the whole route, but it takes us through six regions; Urola Garaia, Urola Erdia, Debagoiena, Llanada Alavesa, Montaña Alavesa and Rioja Alavesa. It also takes us briefly into Navarre.



STAGES

- | | |
|--------------------------|---------|
| 1. LOIOLA > ZUMARRAGA | 17,5 km |
| 2. ZUMARRAGA > ARANTZAZU | 19,5 km |
| 3. ARANTZAZU > ARATA | 17,7 km |
| 4. ARATA > ALDA | 21,5 km |
| 5. ALDA > GENEVILLA | 23,3 km |
| 6. GENEVILLA > LAGUARDIA | 27 km |



LOIOLA > LAGUARDIA

(Stages 1-6):
126 km

1

- > Loyola Shrine.
- > Ignatius of Loyola's birthplace.
- > Basque Railway Museum.
- > House of the Blessed Gárate.

2

- > La Antigua Chapel.
- > Mirandaola Park.

3

- > Arantzazu Shrine.
- > Oñati.
- > Arrikruz Caves.
- > Mitxarro Museum.

4

- > Romanesque chapel of Andra Mari (Our Lady).
- > Opakua viewpoint.

5

- > Santa Cruz de Campezo.
- > San Vicente Mártir Church.

6

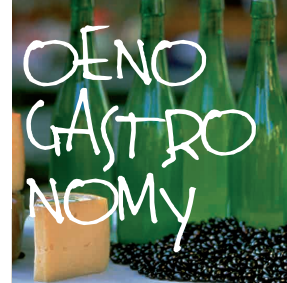
- > Antioñana.
- > Basque-Navarre Railway Green Way Trail Interpretation Centre.
- > Genevilla church altarpiece.
- > Genevilla recreation area.
- > Traditional dovecotes.
- > Genevilla.
- > Laguardia.
- > Laguardia Calados.
- > Sornaren Txabola dolmen.



> Interior, La Antigua Chapel



> Arantzazu Shrine



DO Idiazabal cheese
Cured sausages
Álava potato
Beans
Broad beans
Perretxiko mushrooms
Arróniz extra virgin olive oil
Azkoitia macaroons and Azpeitia "Ignacios"

Rioja Alavesa wines
Txakoli
Cider

TOURIST INFORMATION OFFICES

UROLA ERDIA
Tel. 943 151 878
i-loiola@urolaturismo.eus

URRETxu - ZUMARRAGA
Tel. 943 722 042
turismobulegoa@urolagaraia.com

ARANTZAZU - OÑATI
Tel. 943 718 911
turismo@debagoiena.eus

CAMPEZO MONTAÑA ALAVESA
Tel. 945 405 424
info@montanaalavesa.com

LAGUARDIA
Tel. 945 600 845
turismo@laguardia-alava.com

LA RIOJA



STAGES

7. LAGUARDIA > NAVARRETE	19,6 km
8. NAVARRETE > LOGROÑO	13 km
9. LOGROÑO > ALCANADRE	31 km
10. ALCANADRE > CALAHORRA	21 km
11. CALAHORRA > ALFARO	24 km

> Yuso Monastery, San Millán de la Cogolla



The Way in La Rioja

The stretch of the Way that goes through the Riojan towns of Navarrete, Logroño, Alcanadre, Calahorra and Alfaro is steeped in history. Here you can sample Riojan hospitality, and if we take a slight detour we can enjoy some of the province's most remarkable tourist resources. Local gastronomy based on products such as vegetable preserves and Rioja wine will give us a taste of the essence of this land.

LAGUARDIA > ALFARO

(Stages 7- 11):
108,6 km

7

- > Romanesque Gate of Navarrete Cemetery (12th century).
- > Ruins of San Juan de Acre Hospital.

8

- > Alto de la Grajera and lake.
- > San Blas Market.
- > La Rioja Museum.
- > Santa María la Redonda's Cathedral (15th century).

9

- > Aguas Mansas Castle.
- > Santa María de Alcanadre Church.

10

- > Calahorra Cathedral.
- > Romanization Museum.
- > Vegetable Museum.
- > Trail through the market gardens of Calahorra.

11

- > San Miguel de Alfaro's Collegiate Church.
- > Las Cigüeñas viewpoint.
- > Los Sotos del Ebro Nature Reserve, Alfaro.



DOC Rioja wine
100 wineries
offering guided tours
(www.lariojaturismo.com)
La Rioja oil
Rincón de Soto pears
Chamarito lamb
Preserves
Calahorra vegetables



**i TOURIST INFORMATION
OFFICES**

LA RIOJA
Tel. (+34) 941 291 260
info@lariojaturismo.com

> Santa María de La Redonda's Co-cathedral, Logroño



NAVARRRE



> River Ebro, Tudela



> Santa María's Cathedral, Tudela

The Way in Navarre

From its steep mountainsides to the plains near the River Ebro, the Chartered Community of Navarre has some of the most beautiful spots on the Iberian Peninsula. In the Ignatian tradition, Navarre is also significant as the cradle of the family of **Saint Francis Xavier**, companion of Ignatius of Loyola and great missionary. History tells us that Ignatius of Loyola defended the city of Pamplona in 1521 and was wounded in combat with invading French-Navarrese forces. At the time Ignatius was in the service of the emperor Charles, proud, loyal and full of fighting spirit, qualities he later dedicated to his Christian faith.



> Monreal Tower, Tudela



STAGES

12.	ALFARO > TUDELA	23 km
13.	TUDELA > GALLUR	38 km

ALFARO > GALLUR

(Stages 12-13):
61 km

12

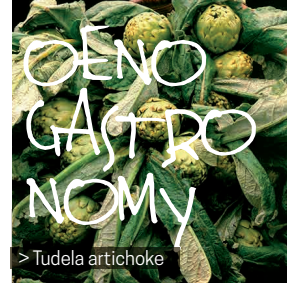
- > Railway Museum in Castejón.
- > Tudela Cathedral.
- > Plaza de los Fueros.
- > Monreal Tower, Tudela.

13

- > Cortes Castle.



> Cortes Castle



> Tudela artichoke

- La Ribera vegetables
- Lodosa Piquillo peppers
- Tudela artichoke
- Navarre asparagus
- Cured sausages
- Preserves
- Navarre wine
- Rioja wine
- Navarra oil



> Plaza de los Fueros, Tudela



TUDELA
Tel. (+34) 948 848 058
git.tudela@navarra.es



STAGES

14. GALLUR > ALAGÓN	23 km
15. ALAGÓN > ZARAGOZA	31 km
16. ZARAGOZA > FUENTES DE EBRO	29 km
17. FUENTES DE EBRO > PINA DE EBRO	12 km
18. PINA DE EBRO > BUJARALÓZ	37 km
19. BUJARALÓZ > CANDASNOS	21 km
20. CANDASNOS > FRAGA	23,8 km



> Monegros Desert



The Way in Aragon

The lands of Aragon are bathed by the Ebro and a long history of travel. They are linked to the Mediterranean by the river, a channel of communication between age-old cultures. The mark of Islam is apparent in Aragon, with many beautiful examples of Mudejar architecture that have been declared UNESCO Heritage sites. Our Lady of the Pillar in Zaragoza watches over those who follow the Ignatian Way. Because from the bounty of the Ebro lands we move into the rugged beauty of the Monegros "desert".

GALLUR > FRAGA

(Stages 14-20):
176,8 km

14

- > Gallur: **Aragon Imperial Canal and old canal winery.**
- > Alagón: **San Pedro Apóstol Mudejar Church. Cultural Centre (staircase decorated by Goya).**

15

- > Zaragoza: **Basilica del Pilar, La Seo Cathedral, Aljafería Palace.**

16

- > Fuentes de Ebro: **San Miguel Arcángel Church.**

17

- > Pina de Ebro: **Santa María Church, San Francisco Convent, old tower.**

18

- > Bujaraloz: **Santiago Church, Torres Solano Palace, Las saladas de Sástago-Bujaraloz wetlands.**

20

- > Fraga: **San Pedro's Church, Montcada Palace, "Villa Fortunatus" Roman ruins.**



DO products:

- Teruel ham
- Fuentes de Ebro onion
- Aragon suckling lamb
- Calanda peach
- Sierra del Moncayo oil
- Bajo Aragón oil
- Cava
- Trenza de Almudévar cake

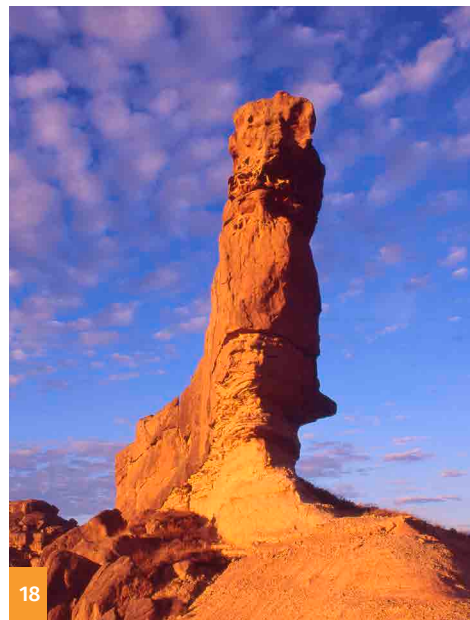
- Borage
- Guirlache turrón

TOURIST INFORMATION OFFICES

ALAGÓN
Tel. (+34) 976 611 814
turismoalagon@hotmail.com

ZARAGOZA
Tel. (+34) 976 796 398
turismodearagon@aragon.es

FRAGA
Tel. (+34) 974 471 876
turismo@fraga.org



18



> San Pedro Church, Fraga



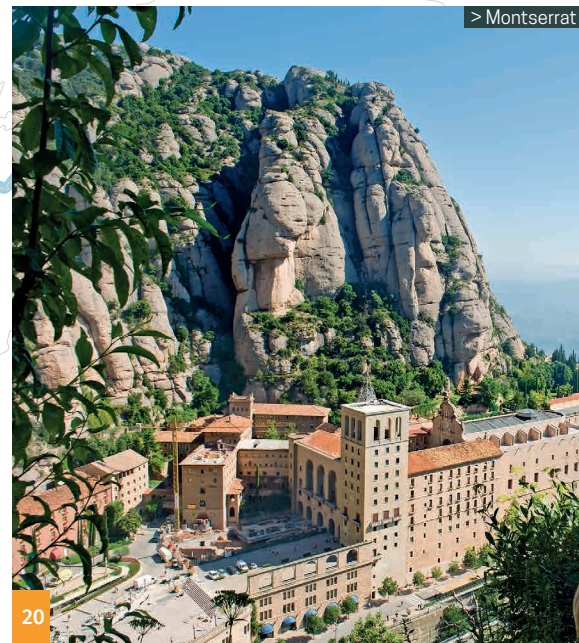
19

The Way in Catalonia

The final stages of the Ignatian Way run through lands in the tourism brand areas Terres de Lleida and Paisatges Barcelona in the Segrià, Pla d'Urgell, Urgell, Segarra, Anoia and Bages regions. The 183 km to the Cave of St. Ignatius in Manresa allow pilgrims to enjoy a spiritual and introspective journey while taking in the beauty of the natural areas, towns and cities they go through.



> Igualada



> Montserrat

STAGES

21.	FRAGA > LLEIDA	33 km
22.	LLEIDA > EL PALAU D'ANGLESOLA	22,7 km
23.	EL PALAU D'ANGLESOLA > VERDÚ	24,7 km
24.	VERDÚ > CERVERA	16 km
25.	CERVERA > IGUALADA	37 km
26.	IGUALADA > MONTSERRAT	26,8 km
27.	MONTSERRAT > MANRESA	23,5 km

7 stages



FRAGA > MANRESA

(Stages 21 - 27):
183,7 km

21 > La Seu Vella, Lleida.

22 > Les Garrigues oil trail.

23 > Sant Bartomeu Convent.

24 > Cervera University.

25 > Leather Museum.

26 > La Muntanya de Montserrat Natural Park.

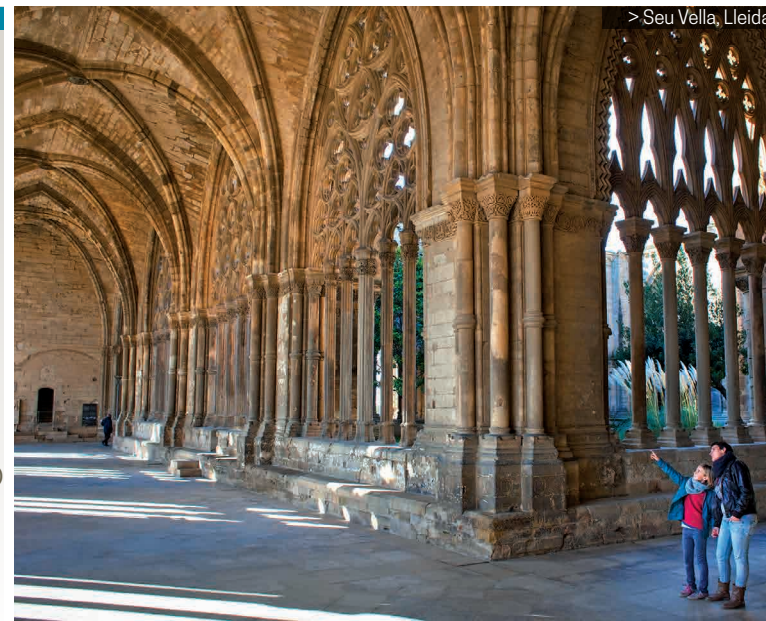
27 > Cave of Saint Ignatius.
In 1522, Ignatius of Loyola walked from Montserrat to Manresa, where he spent over ten months. He prayed in a cave where the Spirituality Centre now stands.



FURTHER INFORMATION

Cave of Saint Ignatius, Manresa
www.covamanresa.cat
Parròquia basilica de Santa Maria de la Seu, Manresa
www.seudemmanresa.cat
Seu Vella, Lleida
www.turoseuvella.cat
Sant Bartomeu Convent, Bellpuig
www.bellpuig.cat
House-shrine of Sant Pere Claver, Verdú
www.verdu.cat
Montserrat Abbey
www.montserratvisita.cat
Centre d'Acollida de Pelegrins del Camí Ignasià
www.manresaturisme.cat

Catalan Tourist Board
www.catalunya.com
Ask the office (Virtual Tourist Information Office)
www.facebook.com/catalunyaexperience
Diputació de Barcelona
www.barcelonaesmoltmes.cat
Patronat de Turisme de la Diputació de Lleida
www.aralleida.cat



> Seu Vella, Lleida



A total of 12 wine designations of origin – guided tours of 300 wineries and a host of wine tourism activities – and world-famous cuisine based on the Mediterranean diet and local products of renowned quality, such as olive oil, wine, fruit such as the Lleida pear and turrón.



Recommendations

1

Plan your route and accommodation by visiting www.caminoignaciano.org

2

Bear in mind your timeframe, budget and physical condition.

3

Don't overpack your rucksack and make sure you have appropriate comfortable footwear.

4

To help you plan the stages of your journey, we offer practical and spiritual information in

the official guide to the Ignatian Way and at www.caminoignaciano.org.



Enjoy the Way, the people you meet, the heritage you visit, the food, the scenery, everything. It's a unique experience!

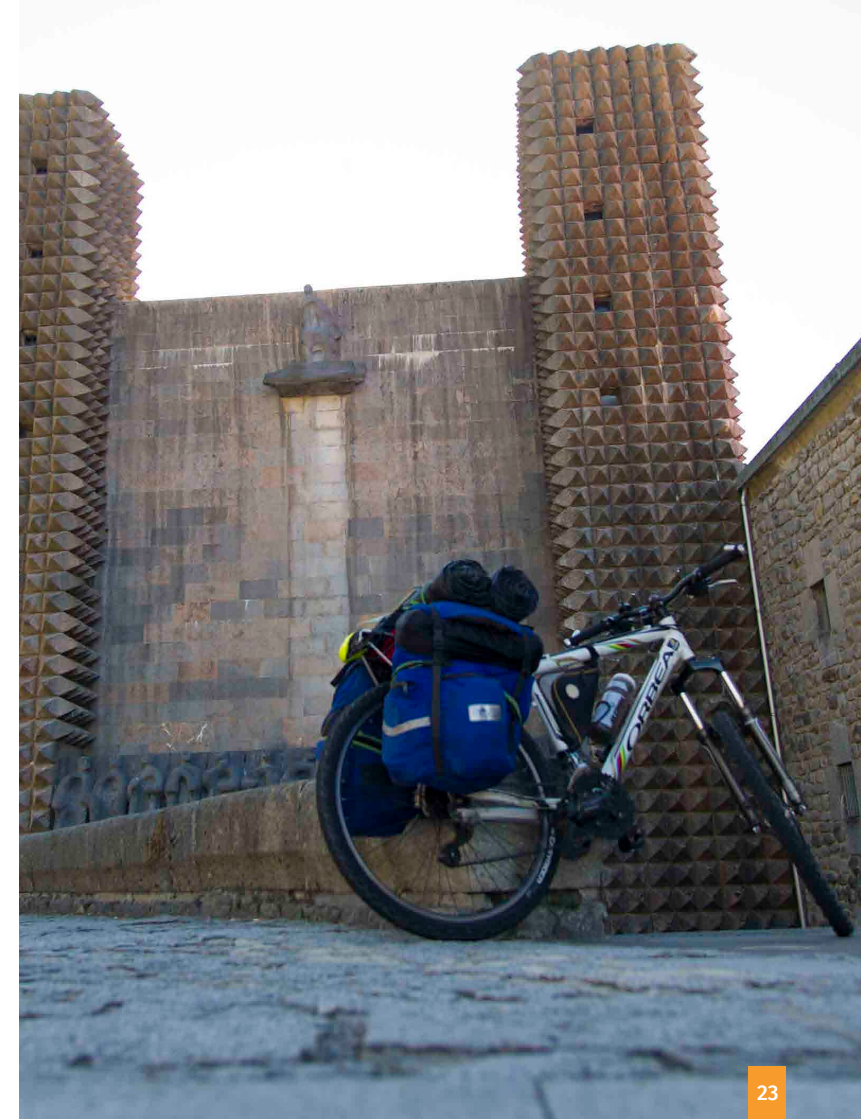
How is the Way marked?

- In the Basque Country: signposts and GR 120 waymarks.
- In La Rioja: directional signs and orange arrows.
- In Navarre: directional signs and orange arrows.
- In Aragon: orange arrows.
- In Catalonia: directional signs, suns and orange arrows.



Can I travel the Way by bike?

- Yes; see alternative routes on: www.caminoignaciano.org





Loiola Zumarraga Arantzazu Araia Alda Genevilla Laguardia Navarrete Logroño Alcanadra Calahorra Alfaro Tudela Gallur Alagón Zaragoza Fuentes de Ebro Pina de Ebro Bujaraloz Candanosa Fraga Lleida Palau d'Anglesola Verdú Cervera Igualada Montserrat Manresa

